

PACK ICA

INTERNATIONAL CANYONEER AUTONOMOUS
INTERNATIONAL CANYONING TRAINING COURSE

BE FLEXIBLE ANYWHERE IN THE WORLD



Catch the moment for education



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UNIVERSAL CANYONING ACADEMY

Universal Canyoning Academy is a private label for canyoning training and practice developed by experienced european trainers. Private canyoning training school founded in 2004 whose objective is to provide online courses and specific individualised training course on the field. More than 30 years of practice, exploration and training around the world. UCA works for the development of canyoning not only for occasional practitioners but also for expert or professional canyoneers practicing and developing this activity through out the world. Open up new horizons, join the International Canyoning Community. UCA is a European Label which is adapted to a practice everywhere in the world. We hope you enjoy your time here with us.



ICA – INTERNATIONAL CANYONEER AUTONOMOUS

10 days (8+2 days e/learning) international canyoning training course „ICTC“ at the ICA level according to the international standards of the UCA. Max. 6 pers. in the course. Comprehensive education enabling safe and independent movement in the world of canyoning. Participation open to all interested in this education. ICA training course will have a significant impact on you professionally as you will gain advanced technical abilities and skills. You will be trained by an UCA EXA – Examiner (Trainer level minimum) and will be certified as an ICA at the end of the course.

DETAILS AND PROGRAM

Duration:	8 days
Pre-Training E-learning:	2 days minimum
ICA Training Course Total:	10 days

ENTRY CONDITIONS FOR THE COURSE

- Available for everyone who has reached the age of the majority in his/her country of origin 18 years
- Have completed ICA e-learning pre-training course
- Be in good mental and physical condition
- Able to swim 50 m and run 1 km
- Climbing on the level 3 UIAA in the canyoning shoes
- Has a medical certificate issued less than 12 months prior to the training course that testifies the trainee is physically and mentally fit for canyoning activities.
- Has a valid first aid certificate issued less than 12 months prior to the training course.



OBJECTIVE

You will gain all the necessary skills and basic techniques needed for safe and independent movement in canyons around the world. You will get a basic set of data and skill software for all the situations you may encounter at this level when descended the canyon. Your ICTC is an intensive training for 8 days from 7 to 9 hours a day. The program below can be adjusted depending on the group and weather conditions. However, all of the subjects listed below will be fully studied to qualify for the UCA ICA certified level.

ORGANIZATION

The training consists in 3 technical and theoretical teaching level, including analyzing exercises and evaluation (P.A.R) memory exercise (Feedback).

- **Level 1:** General Knowledge – Vertical Progression
- **Level 2:** First Aid – White Water Training - Assistance
- **Level 3:** Setup Verticals – Horizontal Progression
- **Level 4:** Rescue Progression

CLINICS

- **Regulation 1:** Set up / Progression
- **Regulation 2:** Free clinic



CERTIFICATIONS

- **Theory written test**
- **Final technical test 1:** Setup: Guided rappel in loop figure
- **Final technical test 2:** Setup: Releasable system
- **Final technical test 3:** Rescue Scenario: Indirect Rope Cutting (*limit up to 1,5 min.*)
- **Final technical test 4:** Test of Conversion (*limit up to 3 min.*)
- **Final technical test 5:** Pass a Knot (*limit up to 5 min.*)
- **Final technical test 6:** Setup Verticals and On-Sight Canyon Descent without SFE

We wish you an awesome training course.

Refresh your skills / Learn tips and more / Love canyoning

PACKS ICTC

While you focus on your course, we´ll manage the rest. We have created separate packages to meet your different needs and to ensure your ICTC course runs efficiently.

WHAT IS INCLUDED IN OUR PACKS

BASIC

*UCA 8 days training course + 2 days e/learning
8x snack during ICTC
Transport during ICTC*

BASI PLUS

*UCA 8 days training course + 2 days e/learning
8x snack during ICTC
Transport during ICTC
Accomodation, 8x night*

COMFORT

*UCA 8 days training course + 2 days e/learning
8x snack during ICTC, 8x breakfast
Transport during ICTC
Accomodation, 8x night*

COMFORT PLUS

*UCA 8 days training course + 2 days e/learning
8x snack during ICTC, 8x breakfast, 8x coffee break
Transport during ICTC
Accomodation, 8x night*

NOTES

If you don´t have your own equipment, we will lend you gear for the ICA level (1 day / 15 Eur).

	Basic	Basic Plus	Comfort	Comfort Plus
Pack ICA	1190 Eur	1495 Eur	1620 Eur	1700 Eur

Accommodation includes the night before the start of the ICTC, if you want to stay longer, please let us know in advance. Thank you.



CONTACT

UNIVERSAL CANYONING ACADEMY

INTERNATIONAL CANYONING ORGANIZATION - EASTERN EUROPE

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