

PACK ADR

ADVANCED RESCUER
INTERNATIONAL CANYONING TRAINING COURSE

How to be a PRO



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International Canyoning Training Course*

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PURPLE ROCKET

UNIVERSAL CANYONING ACADEMY INTERNATIONAL CANYONING TRAINING CENTER

Welcome to our international canyoning training center. Welcome in Slovenia. Welcome in Bovec and Soča valley. Universal Canyoning Academy is a private label for canyoning training and practice developed by experienced european trainers. Private canyoning training school founded in 2004 whose objective is to provide online courses and specific individualised training course on the field. More than 30 years of practice, exploration and training around the world. UCA works for the development of canyoning not only for occasional practitioners but also for expert or professional canyoneers practicing and developing this activity throughout the world. Open up new horizons, join the International Canyoning Community. UCA is a European Label which is adapted to a practice everywhere in the world. We hope you enjoy your time here with us.



ADR

ADVANCED RESCUER

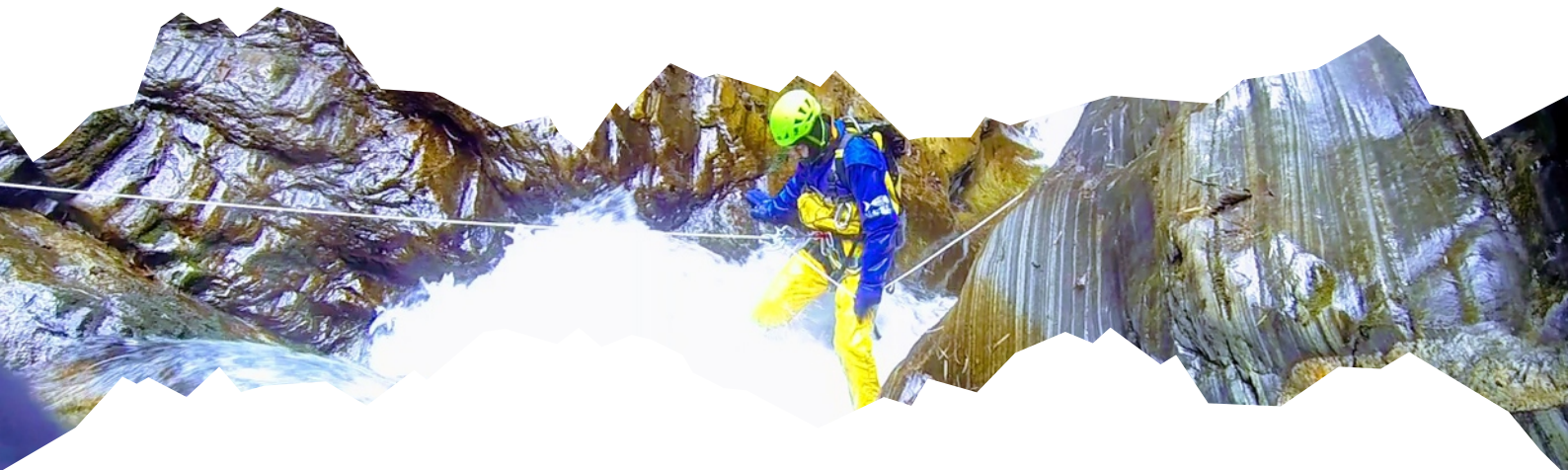
13 days (10+3 days e/learning) - international canyoning training course "ICTC" at the level of Advanced Rescuer "ADR". Superstructure course at the "ICI" level (International Canyoning Instructor / Expert). Min. 2 people, max. 6 people in the course. Become an absolute master of technical rescue and "ASV" (Assistant Victim). The minimum level of education for this course is "ICI" (instructor). You will be trained by a UCA EXA examiner (at least at the coach level) and at the end of the course you will be certified as an "ADR" (Advanced Rescuer).

DETAILS AND PROGRAM

Duration:	10 days
Pre-training cours e-learning:	3 days minimum
ADR Training Course:	13 days

ENTRY CONDITIONS FOR THE COURSE

- *Available for everyone who has reached the age of the majority in his/her country of origin 18 years*
- *Be Instructor/Expert in canyoning (5.5.III minimum)*
- *Have completed ADR e-learning pre-training course*
- *Be in good mental and physical condition*
- *Able to swim 100 m and run 1 km*
- *Climbing on the level 5 UIAA in canyoning shoes*
- *Has a medical certificate issued less than 12 months prior to the training course that testifies the trainee is physically and mentally fit for canyoning activities.*
- *Has a valid first aid certificate issued less than 12 months prior to the training course.*



OBJECTIVE

Module 1:

You will gain the necessary knowledge and skills at the ASV (Assistant Victim) level. You get „access software“ for immediate procedural actions during the initial intervention at the place of the accident and stabilization of the injured.

Module 2:

You will gain detailed technical and operational knowledge of the technology of transporting the injured and other means of rescuing the injured. Use of horizontal and vertical techniques for the transport of disabled people ©Explorer Stretcher, ©Petzl Nest.

Module 3:

You will gain knowledge in the position of rescue management, communication between members of the rescue team and other effective procedures for a successful rescue operation.

ORGANIZATION

The training consists in 3 modules, including 4,5 Clinic days of revision & regulation, 3 tests and 1 day of final evaluation.

DAY 1 - CLASSROOM

- General knowledge & PRO behaviour „ADR“
- Canyoning accidents & stats
- Specifics of rescue during canyoning
- ASV - (Assistant Victim)
 - Assistance & Rescue
 - Hypothermia
 - Stress and shock of the injured
 - Participant assessment
 - Limbs and vertebral column traumatology
 - Stabilization of the victim
 - Collective warm point
 - Psychology of rescue at the place of the intervention
 - Rescue alert
- Feedback: Evaluation end of day



DAY 2 & 3 - CANYONING SESSION

- Communication between members of the rescue team
- Determination of the anamnesis and extent of the injury
- Urgent first aid
- Stabilization of the injured
- Warm point
- Strategy of rescue
- Timing of rescue operation
- Feedback & regulation
- Regulation of clinic
- Evaluation end of day
- Feedback end of module 1

DAY 3 & 4 & 5 - CANYONING SESSION

- Transporting a victim
- Displacement & lifting with 1 and 2 rescuers
- Tragsitz method & tips
- Improvised stretcher method
- ©Explorer Stretcher
 - horizontal transport
- ©Petzl Nest
 - horizontal & vertical transport
- Escape route
- Leader progression
- Group evacuation
 - Fixe hand-line
 - Mountaineering rope
 - Top rope
 - Counter balance
- Feedback & regulation
- Regulation of clinic
- Evaluation end of days 3 & 4
- Feedback

DAY 10 - FINAL EVALUATION

- TEST 1: „On sight“ rescue of injured person from the canyon V4 A3 III
- TEST 2: Rescue of an injured person from the rope
- TEST 3: Team rescue of an injured person on a rope simulator using ©Petzl Nest
- Certification
- Information on the next level of education
 - Canyoning PRO Trainer
- Senior Trainer

DAY 6 - CANYONING SESSION

- Individual rescue from a rope
 - PRO Indirect rope cutting
 - CrollTOCroll method
 - PRO tips
- Team evacuation from the rope
 - With the help of a stranded person
- Assistance according to personal needs
- Feedback & regulation
- Regulation of clinic
- Feedback end of module 2

DAY 7 - CLASSROOM

- Rescue Management
 - Head of rescue operation
 - Aspect of responsibility
 - Psychology of rescue strategy
- Communication between members of the rescue team
- Communication with other rescue services
- Feedback & regulation
- Evaluation end of day
- Feedback end of module 3

DAY 8 & 9 - CANYONING SESSION

- Rescue operation an injured person from a canyon V4 A3 III
- Feedback & regulation
- Regulation, corrections of clinic
- Evaluation end of day



We wish you an awesome training course.
Refresh your skills / Learn tips and more / Love canyoning

PACKS ICTC

While you focus on your course, we´ll manage the rest. We have created separate packages to meet your different needs and to ensure your ICTC course runs efficiently. What is included in our packs.

BASIC

*UCA 10 days training course + 3 days e/learning
10x snack during ICTC
Transport during ICTC*

BASIC+

*UCA 10 days training course + 3 days e/learning
10x snack during ICTC
Transport during ICTC
Accommodation, 10x nights*

COMFORT

*UCA 10 days training course + 3 days e/learning
10x breakfast, 10x snack during ICTC
Transport during ICTC
Accommodation, 10x nights*

COMFORT+

*UCA 10 days training course + 3 days e/learning
10x breakfast, 10x snack, 10x dinner
Transport during ICTC
Accommodation, 10x nights*

NOTES

If you don´t have your own equipment, we will lend you gear for the ICA level (1 day / 5 Eur) for ICI level (1 day / 10 Eur).

	Basic	Basic +	Comfort	Comfort +
Pack ADR	1790 Eur	2090 Eur	2190 Eur	2390 Eur

The accommodation includes the night before the start of the ICTC, if you want to stay longer, please let us know in advance. Thank you.



OUR LOCATION

We are pleased to welcome you to this amazing place!

THE PLACE

Our canyoning center is located just 300 m from the main square in Bovec. You will find us by the main road downhill towards the petrol station on the left. Purple Rocket is part of the Garni Hotel in Bovec. You can find us here.

Purple Rocket base camp also contains 11x apartments, where we accommodate a total of 55 people in comfortably furnished apartments, where is always a separate and full prepared kitchen, including bathroom and WC.

*The emerald valley of the river Soča offers fantastic scenery for a whole year. Our base is located in Bovec on the border of Slovenia and Italy, and on both sides of the border awaits you a perfect canyoning adventure. The Julian Alps offer a wealth of canyoning experience, and the tight Friuli area is a great arena for your canyoning trips. **Welcome.***



CONTACT

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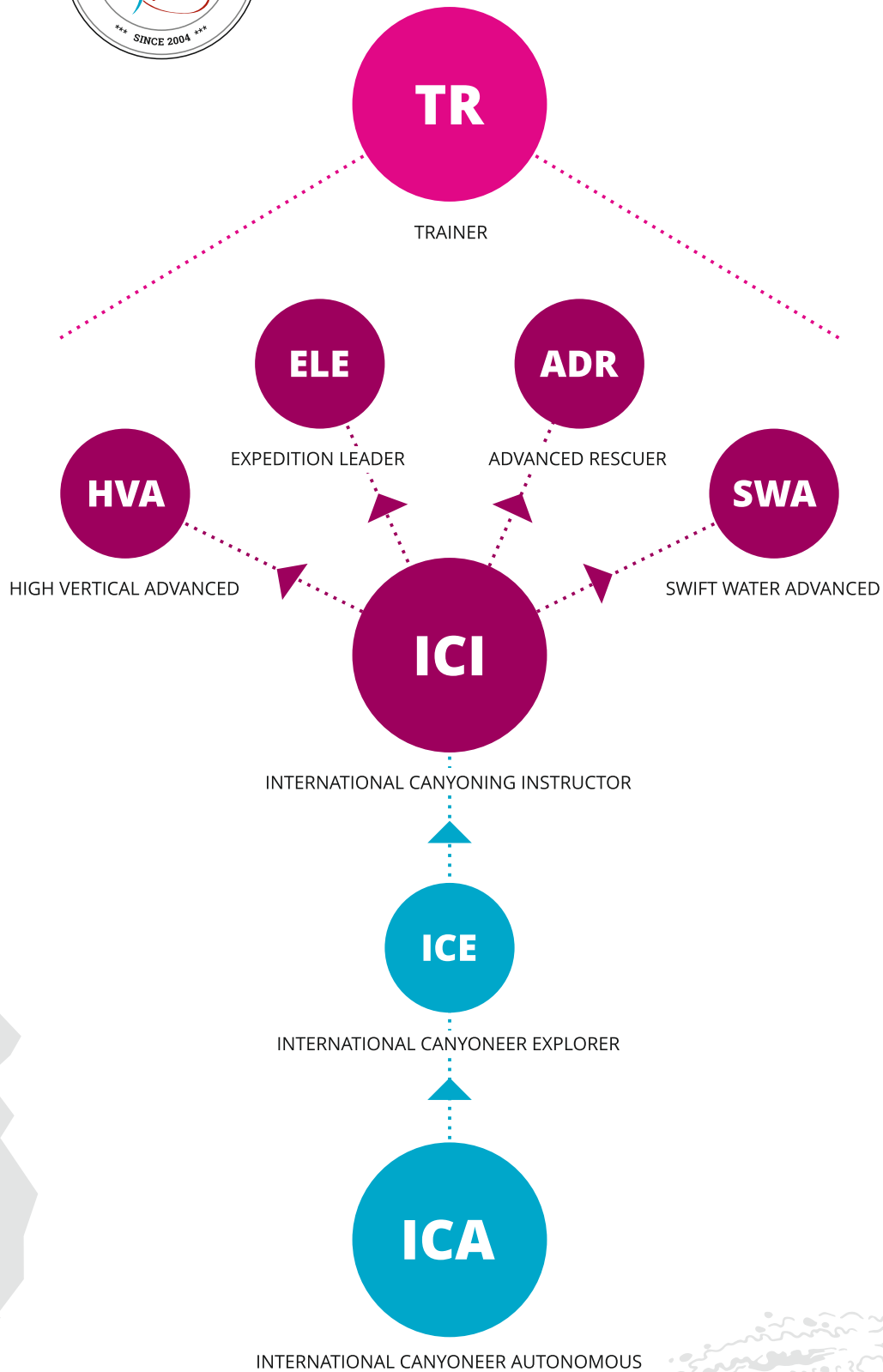
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